Absolute Total Care (Medicare-Medicaid Plan) 1441 Main Street, Suite 900 Columbia, SC 29201

PERSONAL MEDICATION LIST FOR	DOB:	
This medication list may help you keep tra you how to use them the right way.		
<ul> <li>Use blank rows to add new medications. Then fill in the dates you started using them.</li> <li>Cross out medications when you no longer use them. Then write the date and why you stopped using them.</li> <li>Ask your doctors, pharmacists, and other healthcare providers to update</li> </ul>	Keep this list up to date with:  prescription medications over-the-counter drugs herbals vitamins minerals  this list at every visit.	
If you go to the hospital or emergency room, take this list with you. Share this with your family or caregivers too.  DATE PREPARED:		
Allergies or side effects:		
B. # 19 49		
Medication: How I use it:		
	Prescriber:	
Notes:	rescriber.	
	Date I stopped using it:	
Why I stopped using it:	Date 1 Stopped using it.	
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<b>Medication:</b>		
How I use it:		
	Prescriber:	
Notes:	Tober 1.	
1	Date I stopped using it:	
Why I stopped using it:	- Section - Sect	

PERSONAL MEDICATION LIST FOR	DOB:
(Continued)	
Medication:	
How I use it:	
Why I use it:	Prescriber:
Notes:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	
Medication:	
How I use it:	
Why I use it:	Prescriber:
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Date I started using it:	Date I stopped using it:
Why I stopped using it:	
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Medication:	
How I use it:	- ·
Why I use it:	Prescriber:
Notes:	
Date I started using it:	Date I stopped using it:
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Medication:	
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Why I use it:	Prescriber:
Notes:	Trescriber.
Date I started using it:	Date I stopped using it:
Why I stopped using it:	Date 1 stopped using it.
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Medication:	
How I use it:	
Why I use it:	Prescriber:
Notes:	1
Date I started using it:	Date I stopped using it:
Why I stopped using it:	

PERSONAL MEDICATION LIST FOR	DOB:
(Continued)	
<b>Medication:</b>	
How I use it:	
Why I use it:	Prescriber:
Notes:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	
Medication:	
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Medication:	
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Why I use it:	Prescriber:
Notes:	
Date I started using it:	Date I stopped using it:
Why I stopped using it:	
Other Information:	1
Otner mormation:	

If you have any questions about your medications, talk to your doctor or pharmacist or you may call and speak with a pharmacist at 1-855-735-4398. TTY users should call 711. We are here Monday through Friday, 8:00 a.m. – 8:00 p.m., Eastern Time. After hours, on weekends and on federal holidays, you may be asked to leave a message. Your call will be returned within the next business day.