

# Commonly used OTC items

As a commitment to your overall health and well being, Absolute Total Care (Medicare-Medicaid Plan) is pleased to offer our members a benefit of **\$25 per month in commonly used OTC items.**

Please note: These items should only be used as directed, and you should talk to your primary care provider if you have any questions on the safe use of these items.

Prices and product list are subject to change.



Order up to  
**\$25**  
per month!



## Ordering is simple and easy.

You simply select the items you want from the list on the opposite side of this sheet, call the toll-free order line at 1-877-851-3994 (TTY: 711) and let our operator know which items you would like. You can order up to \$25 per month. Each item is numbered for your convenience in ordering. **Operators are available from 9 a.m. to 5 p.m. CST, Monday through Friday.**

When you call, please be sure to have your Absolute Total Care Member ID card available. The operator will need your Member ID number to complete the order. After the ordering process is complete, your items should arrive at your home in 5 to 12 business days.

<http://mmp.absolutetotalcare.com>

Absolute Total Care (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and South Carolina Healthy Connections Medicaid to provide benefits of both programs to enrollees.

Limitations, copays, and restrictions may apply. For more information, call Absolute Total Care Member Services or refer to the Absolute Total Care Member Handbook. Benefits and/or copays may change on January 1 of each year.

You can get this information for free in other languages. Please call our Member Services number at 1-855-735-4398 (TTY: 711) from 8 a.m. to 8 p.m., Monday through Friday. After hours, on weekends and on federal holidays, you may be asked to leave a message. Your call will be returned within the next business day. The call is free.

Puede obtener esta información en otros idiomas gratis. Por favor llame a nuestro número de Servicios para Afiliados al 1-855-735-4398 (TTY: 711) de 8 a.m. a 8 p.m., de lunes a viernes. Luego del horario de atención, los fines de semana y los días feriados federales, es posible que se le pida que deje un mensaje. Le devolveremos la llamada el próximo día hábil. La llamada es gratuita.

Absolute Total Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-735-4398 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-855-735-4398 (رقم هاتف الصم والبكم: 711).

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## Over-the-Counter Medications

You can order commonly used over-the-counter (OTC) items!



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#	DESCRIPTION	COMPARE TO:	\$
<b>PAIN RELIEVERS</b>			
1	Ibuprofen 200mg tab	Motrin IB	\$6
2	Naproxen sod 220mg tab	Aleve	\$9
3	Aspirin 325mg tab	Bayer Aspirin	\$5
4	Aspirin ec 325mg tab	Ecotrin	\$6
5	Aspirin ec 81mg	Halfprin (low-dose)	\$5
6	Acetaminophen 500mg tab	Tylenol Extra Strength	\$6
7	Mentholated ointment	Ben Gay	\$6
<b>ANTACIDS</b>			
8	Simethicone 80mg tab	Mylanta Anti-Gas	\$6
9	Calc carb 500mg chewable	TUMS	\$6
10	Famotidine 10mg tab	Pepcid AC	\$9
<b>ANTI-DIARRHEALS</b>			
11	Loperamide 2mg cap	Imodium	\$5
12	Bismuth mixture	Pepto-Bismol	\$8
<b>ANTI-FUNGALS</b>			
13	Clotrimazole 1% vaginal cream	Gyne-Lotrimin	\$9
14	Tolnaftate 1%	Tinactin	\$7
<b>ANTI-HEMORRHOIDS</b>			
15	Hemorrhoidal ointment	Preparation-H	\$8
<b>COUGH / COLD / ALLERGY</b>			
24	Diphenhydramine 25mg caps	Benadryl caps	\$5

#	DESCRIPTION	COMPARE TO:	\$
25	Diphenhydramine elixir	Benadryl Elixir	\$5
26	Sore throat lozenges	Chloraseptic Lozenges	\$5
27	Medicated chest rub	Vicks VapoRub	\$7
28	Guaifenesin syrup	Robitussin	\$5
29	Oxymetazoline 0.05%	Afrin	\$5
30	Loratadine 10mg tab	Claritin	\$10
<b>EYE CARE</b>			
31	Tetrahydrozoline drops	Visine	\$4
61	Lubricating eye drops	Refresh Tears	\$7
<b>FIRST AID CREAMS &amp; OINTMENTS</b>			
32	Calamine lotion	Calamine lotion	\$7
33	Hydrocortisone 1% cream	CORTAID	\$4
34	Triple antibiotic ointment	Neosporin	\$5
60	Medicated lip balm	Carmex	\$3
78	Psoriasis cream	Eucerin Cream	\$12
79	Eczema cream	Exederm Anti itch	\$13
<b>FIRST AID SUPPLIES</b>			
35	Athletic bandage	Ace Bandage	\$7
36	Adhesive tape	First Aid Tape	\$3
37	Adhesive bandage	Band-Aids	\$4
38	Carbamide peroxide	Debrox Drops	\$4
39	Gauze pads	J&J Gauze Pads	\$3

#	DESCRIPTION	COMPARE TO:	\$
40	Cotton swab	Q-Tips	\$4
41	Oral thermometer	Thermometer	\$6
43	Ice bag 9 inch	Ice Bag	\$9
80	Ear Thermometer	Ear Thermometer	\$25
85	Hydrogen Peroxide Solution	Hydrogen Peroxide Solution	\$8
<b>LAXATIVES</b>			
44	Docusate 100mg	Colace Stool Softener	\$6
45	Bisacodyl suppositories	Dulcolax Suppositories	\$4
46	Bisacodyl tab	Dulcolax Tabs	\$4
82	Iron Plus Stool Softener	Iron Plus Stool Softener	\$10
<b>ORAL CARE</b>			
66	Toothbrush	Toothbrush	\$4
67	Denture Tabs	Efferdent	\$6
68	Denture Adhesive	PoliGrip	\$6
86	Waxed Dental Floss	Waxed Dental Floss	\$3
<b>PERSONAL CARE</b>			
75	Sunblock SPF 15	Sunblock SPF 15	\$9
<b>PEDICULICIDES</b>			
48	Rid lice treatment	RID	\$9
<b>SMOKING CESSATION GUM</b>			
57	Nicotine Polacrilex Gum 2mg	Nicorette	\$15
58	Nicotine Polacrilex Gum 4mg	Nicorette	\$15

#	DESCRIPTION	COMPARE TO:	\$
<b>VITAMINS &amp; MINERALS</b>			
49	*Calc carb 600mg tabs	Caltrate 600	\$6
50	*Multivitamin w/minerals	Theragran-M	\$10
59	*Senior Multivitamin w/minerals	Centrum Silver	\$11
52	*Vitamin A 10,000 IU caps	Vitamin A	\$5
53	*Vitamin C 500mg tabs	Vitamin C	\$5
54	*Vitamin E 400 IU gels	Vitamin E	\$9
62	*Vitamin D (400 IU)	Vitamin D	\$7
63	*Glucosamine / Chondroitin (400mg caps)	Joint Supplement	\$12
64	*Iron Supplement	Iron Supplement	\$4
65	*Omega-3 Fish Oil 1000mg	Omega-3 Fish Oil 1000mg	\$7
81	*Folic Acid Tabs 400 mcg	Folic Acid Tabs 400 mcg	\$6
83	Multivitamin Liquid w/Iron	Multivitamin Liquid w/ Iron	\$8
87	*Lactose Chewable Tabs	Lactaid	\$9

Simply select the commonly used OTC items you want from the list. Call the toll-free order line at 1-877-851-3994 (TTY: 711); order up to

the limit of \$25 per month. Each item is numbered for your convenience in ordering. Operators are available from 9 a.m. to 5 p.m. CST, Monday through Friday.

Allow 5 to 12 business days for shipping. Unused amounts cannot be carried over month to month.

\*Dual-Purpose Items: Prior to order/purchase (1) you must have appropriate conversations with your doctor, and (2) your doctor must verbally recommend the OTC item for a specific diagnosable condition. Other items on this order form are classified as eligible. These eligible items may be ordered/purchased by you without further action.